

Emotional Care for the Poor and Homeless

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Introduction

- Psychological Impact of Poverty
- Care for the Hopeless
- Restoring community
- Safety for the traumatized

Psychological Impacts: Maslow's Hierarchy of Needs

1. Physical: Food, shelter, and clothing
2. Safety: Routines, familiar people and places.
3. Belonging: Family and friends.
4. Self-esteem: Productivity, contribution to others.

Care for the Hopeless

1. Primary complaint: “I can’t sleep.”
2. Depression as normal
3. Giving words to emotion and experience
4. Feeling → Perceiving → Doing
5. Integrative care

Restoring Community

1. Social isolation
2. Family dysfunction
3. Generational dysfunction
4. The community of drug addiction
5. Step #9: Making amends
6. Role of the faith community

Safety for the Traumatized

1. Role of the physical environment
2. A place to tell your story
3. The practice of compassion
4. Creation of a new story